

# Physical Day 2023



**DATE:** TUESDAY APRIL 18, 2023 **PRICE:** \$15 **LOCATION:** PHS

We will be providing an opportunity for students to have their UIL Physical completed for the 2023-2024 school year on April 18th at Porter High School. Many UIL Athletics and Fine Arts activities require athletic physical clearance to be on file before a student may participate in any way. The purpose of a Pre-Participation Physical Evaluation is to screen for injuries, illnesses, or other health factors that could possibly increase an athlete's risk for injury or illness in athletic participation.

**On April 18th, those students who have turned in ALL the items below will travel on a bus over to PHS during the school day.**

- Bus permission slip signed by parent/guardian (Included in this packet)**
- 2023-2024 Online UIL Physical Form (Online, instruction on the back)**
- \$15 (Cash or Online Payment)**

**\*\*\*All items should be turned in DIRECTLY to the athletic trainer not the front office.**

**Per NCISD Policy UIL physicals are only good for one school year and expire the last day of that school year. Physical Exams dated before April 2023 cannot be accepted for the 23-24 school year. Physical must be on file for summer strength and conditioning camp. If you have any questions or need assistance with forms or physicals, please contact:**

## **White Oak Middle School**

Athletic Trainer- Leslie Adamik  
[LAdamik@newcaneyisd.org](mailto:LAdamik@newcaneyisd.org)  
Phone #: (281)-577-8800 EXT 4196

## **Pine Valley Middle School**

Athletic Trainer- Jaelan Burns  
[JBurns@newcaneyisd.org](mailto:JBurns@newcaneyisd.org)  
Phone # (281) 577-8860 ext.4315

**DUE TO SPRING BREAK the DUE DATE to turn-in required items is Thursday 4/6**

# Online Athletics Forms & Payment for Physical Day

## UIL FORMS

- Step 1:** Scan code to the right or go to [newcaneyisd.org](http://newcaneyisd.org)
- Step 2:** Click “Departments ----- Athletics”
- Step 3:** Click “Athletic Forms and Documents”
- Step 4:** Click “2023-2024 Athletic Physical Form”
- Step 5:** Select “SY 2023-2024” and complete information on all Tabs.
- Step 4:** Click **SUBMIT**. You will get a submission confirmation email if everything has been entered correctly.



Online UIL Physical Forms



Online Payment to Attend  
Physical Day

## ONLINE PAYMENT

- Step 1:** Scan QR code or go to
- Step 2:** Select “add to cart” for the school that your student will be attending next year (2023-2024).
- Step 3:** Change quantity to reflect how many students you have attending physical day, enter student information. (Cost is \$15 per student)
- Step 4:** Checkout according to onscreen instructions.

\*\*\*There is a small additional fee for online payment.

\*\*\*\*Cash Payment is also accepted NO CHECKS

If you have any questions or need assistance with forms or physicals, please contact:

### White Oak Middle School

Athletic Trainer- Leslie Adamik  
[LAdamik@newcaneyisd.org](mailto:LAdamik@newcaneyisd.org)  
Phone #: (281)-577-8800 EXT 4196

### Pine Valley Middle School

Athletic Trainer- Jaelan Burns  
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## PARENT CONSENT FORM FOR SCHOOL-SPONSORED TRIP

My child, \_\_\_\_\_, has my permission to attend and participate in the following school-sponsored trip/s: Physical Day with: WOMS Athletics sponsored by: NCISD Athletics to: Porter High School departing from WOMS on Tuesday, April 18th, 2023 returning to WOMS after physical exam.

I authorize the employee(s) of the New Caney Independent School District to allow my child to travel to and from the above referenced activity or event with the sponsoring group, club, or class. I understand and accept that my student will be subject to all school board policies including the Student Code of Conduct and Dress Code while representing New Caney ISD on or off campus.

I understand that the New Caney Independent School District and its employees cannot be held liable for personal injury or loss or damage to personal property which may result from my child's participation in the above-referenced activity or event.

Name of Insurance Co: \_\_\_\_\_ Name of Insured: \_\_\_\_\_

Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

Phone# \_\_\_\_\_ Medicaid # \_\_\_\_\_

If your child has an illness, physical condition, or is taking prescription medication, please list below and give any information that might be helpful in the case of an emergency. All medications will be given in accordance with New Caney ISD Medication Policy. The school nurse and/or trained staff member will be responsible for administering the following medication(s) during the field trip.

Medication Allergy: \_\_\_\_\_

Medical Condition(s) for which medication is given: \_\_\_\_\_

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Time to be given: \_\_\_\_\_

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Time to be given: \_\_\_\_\_

Other Pertinent Medical Information: \_\_\_\_\_

**AUTHORIZATION AND CONSENT OF PARENT(S) OR LEGAL GUARDIAN(S)** As custodian of the aforementioned minor, I grant my authorization and consent for New Caney ISD personnel to administer general first aid treatment for minor injuries or illnesses. If the injury or illness is severe, I authorize him or her to seek professional emergency personnel to attend, transport, and treat the minor and to issue consent for any medical care deemed advisable by a licensed medical professional or institution. I authorize New Caney ISD personnel to exercise best judgment upon the advice of medical or emergency personnel.

Effective Date(s): \_\_\_\_\_ 4/2023 \_\_\_\_\_ thru \_\_\_\_\_ 4/2023 \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_ Telephone #: \_\_\_\_\_

(Mandatory)