



10 things you can do to prepare for returning to school

1 Practice Hand Hygiene often throughout the day. Teach your child to sing their ABCs or have them count for at least 20 seconds ensuring they wash front, back, and in between their fingers.



6 Update Immunizations. Required vaccinations must be current each school year. Contact your child's pediatrician for an appointment or the school nurse for a list of local clinics.



2 Practice Putting Mask On/Off. Students in grades 4-12 will be required to wear a facemask. Students in grades Pk-3 are encouraged to wear a mask while at school. Teach them to not touch the inside of their mask when taking it off.



7 Change Aerosolized Medication. Nebulizers cannot be administered in school. Speak with your child's pediatrician to obtain an MDI inhaler and to update the asthma action plan.



3 Practice 6ft of Distance. Measure the distance on the floor. Consider temporarily laying pieces of paper down for a visual.



8 Purchase Reusable Water Bottle to be brought to school. Water fountains will not be in-service.



4 Monitor for Symptoms Check your child's temperature and monitor for signs of illness each morning. Keep your child home and notify the school nurse if they have a temperature of 100 degrees or higher or signs of illness are present.



9 Verify/Update Emergency Contacts. If your child presents with COVID-like symptoms, they will be placed in an isolation room and will need to be picked up immediately. Please ensure a contact can be reached at any given time.



5 Make/Purchase Extra Masks. When possible, masks should only be used one time. Consider making or buying multiple masks to give you proper time to wash them between use.



10 Stay Informed. Educate yourself from reliable sources such as the CDC, Montgomery County Public Health District, and our website, www.newcaneyisd.org.

